

'Eye-soul' school present:

practical vision training for: working with children, and deep emotional work with parents

Full Integrated Course Syllabus

Led by:

Anat Axelrode (Eye-Soul Method)
Expert in Emotional Work with Parents

Fernanda Leite Ribeiro
Expert in Practical Vision Improvement for Children

Every session is 3.5 hours: Fernanda 1 hour, Anat 2 hours
2 Breaks: 10 min, 15 min

Session 1

- **Anat:** Welcome & Groundwork: Guiding principles for emotional work with parents; Holding Space.
- **Fernanda:** 1 - Vision as a developmental process: Vision as a result of learning. It occurs alongside motor and sensory development. Babies learn to see through interaction with their environment and people. Skeffington's 4 circles.

Session 2

- **Anat:** Holding Space - The Key to Everything: Tools to accept, embrace, and be present for parents during moments of difficulty.
- **Fernanda:** 1- Vision as a developmental process: Vision as a result of learning. It occurs alongside motor and sensory development. Babies learn to see through interaction with their environment and people. Skeffington's 4 circles.

Session 3

- **Anat:** Advanced Holding: Additional tools for emotional containment; the powerful technique of "closed questions".
- **Fernanda:** 2- Visual development in early childhood: 0 to 6 months. Eye contact, tracking, bonding / 6 to 12 months. Reaching, manipulation, locomotion / 1 to 3 years. Spatial exploration / 3 to 6 years. Visual-motor coordination / 6 to 8 years. Reading and formal learning / Demonstrate how

this works within the circles / Stimulation exercises tailored to each developmental stage.

Session 4

- **Anat:** Children's Language of Difficulty: Understanding expressions of struggle (giving up vs. demanding); discovering the "treasure" beneath the surface.
- **Fernanda:** 2- Visual development in early childhood: 0 to 6 months. Eye contact, tracking, bonding / 6 to 12 months. Reaching, manipulation, locomotion / 1 to 3 years. Spatial exploration / 3 to 6 years. Visual-motor coordination / 6 to 8 years. Reading and formal learning / Demonstrate how this works within the circles / Stimulation exercises tailored to each developmental stage.

Session 5

- **Anat:** The First Meeting with Parents: Conducting an in-depth inquiry and assessment.
- **Fernanda:** 3- The autonomic nervous system and vision: Stress and Attention. When stress hinders development. Developmental and acquired issues. Habits, adaptation. Neuroplasticity.

Session 6

- **Anat:** Conversation with the Eyes
- **Fernanda:** 4- What are visual skills?: accommodation, oculomotor function, fixation, eye-hand coordination, discrimination ability.

Session 7

- **Anat:** Conversation with the Eyes
- **Fernanda:** 4- What are visual skills?: We aim for awareness, attention, automation of new patterns, flexibility, greater control, integration, visual anticipation, etc. Exercises.

Session 8

- **Anat:** The 7 requests of Miraculous Parenting – Request 1 & 2.
- **Fernanda:** 5- Revisiting the 4 circles regarding dysfunction: first circle. Primitive reflexes (just mention), vestibular and proprioceptive systems. Peripheral-central interference. How to work with children. Assessment and exercises.

Session 9

- **Anat:** The 7 requests of Miraculous Parenting – Requests 3 & 4
- **Fernanda:** 5- Revisiting the 4 circles regarding dysfunction: second circle. Where it is. Vergence, oculomotor function in general. Where I direct my eyes in space.

Session 10

- **Anat:** The 7 requests of Miraculous Parenting – Requests 5 & 6 & 7.
- **Fernanda:** 5- Revisiting the 4 circles regarding dysfunction: Dysfunction - reading, motor coordination. Oculomotor and visuomotor coordination exercises.

Session 11

- **Anat:** Reflective Observation: In-depth investigation with parents.
- **Fernanda:** 6- Third circle: Fixation, accommodation, visual acuity. When stress disrupts and its adaptations. Altered emmetropization process. Space contraction. Problems: myopia, hyperopia, astigmatism, anisometropia.

Session 12

- **Anat:** Working with parents' Guilt
- **Fernanda:** 6- Third circle: Fixation, accommodation, visual acuity. When stress disrupts and its adaptations. Altered emmetropization process. Space contraction. Problems: myopia, hyperopia, astigmatism, anisometropia.

Session 13

- **Anat:** Emotional Healing Techniques: Forgiveness.
- **Fernanda:** 6- Third circle: Exercises.

Session 14

- **Anat:** Emotional Healing: Healing the Inner Child (Part 1).
- **Fernanda:** 6- Third circle: Exercises.

Session 15

- **Anat:** Emotional Healing: Healing the Inner Child (Part 2).
- **Fernanda:** 6- Third circle: Exercises.

Session 16

- **Anat:** Loving Presence.
- **Fernanda:** 7- Fourth circle - perception: spatial maps / spatial relationships. Visualization, anticipation.

Session 17

- **Anat:** Ho'oponopono.
- **Fernanda:** 7- Fourth circle - perception: Exercises.

Session 18

- **Anat:** The 'Renewed Covenant'.
- **Fernanda:** 7- Fourth circle - perception: Exercises.

Session 19

- **Anat:** Meeting the "Bad" I believe I am.

- **Fernanda:** 7- Fourth circle - perception: Exercises.

Session 20

- **Anat:** Preparing for the Internship.
- **Fernanda:** 8- Binocular problems: Esophoria and tropia.

Session 21

- **Anat:** The representation technique: Introduction to Representations.
- **Fernanda:** 8- Binocular problems: Exophoria and tropia.

Session 22

- **Anat:** The representation technique: Working with personal life difficulties.
- **Fernanda:** 8- Binocular problems: Binocular dysfunctions resulting from disorganization between the second and third circles.

Session 23

- **Anat:** The representation technique: Mother and Father Representations.
- **Fernanda:** 8- Binocular problems: Exercises.

Session 24

- **Anat:** The representation technique: Working with parents on child-related issues (Part 1).
- **Fernanda:** 9- Congenital problems and childhood pathologies: Toxoplasmosis scarring, Stargardt, retinopathy of prematurity, Leber, etc. Exercises.

Session 25

- **Anat:** The representation technique: Working with parents on child-related issues (Part 2).
- **Fernanda:** 10- Learning difficulties.

Sessions 26

- **Anat & Fernanda (Supervision/Internship):** Case analysis from the field.
- **Anat (Demonstration):** Demonstration with real-life cases.

Sessions 27

- **Anat & Fernanda (Supervision/Internship):** Case analysis from the field.
- **Anat (Demonstration):** Demonstration with real-life cases.

Sessions 28

- **Anat & Fernanda (Supervision/Internship):** Case analysis from the field.
- **Anat (Demonstration):** Demonstration with real-life cases.

Sessions 29

- **Anat & Fernanda (Supervision/Internship):** Case analysis from the field.

- **Anat (Demonstration):** Demonstration with real-life cases.

Sessions 30

- **Anat & Fernanda (Supervision/Internship):** Case analysis from the field.
- **Anat (Demonstration):** Demonstration with real-life cases.

Sessions 31

- **Anat & Fernanda (Supervision/Internship):** Case analysis from the field.
- **Anat (Demonstration):** Demonstration with real-life cases.

Session 32

- **Anat & Fernanda:** Course Summary and Closing Session.